# **DELAWARE DEPARTMENT OF EDUCATION Drug and Substance Abuse Prevention Advisory Group**

### Meeting Minutes DRAFT

2<sup>nd</sup> Floor, Cabinet Room The Townsend Building 401 Federal Street, Dover, DE 19901 March 14, 2019 5:00pm

Members Present: Candice Fifer; Susan Haberstroh; Dana Carr; Amanda Fesel; Jessica Bloch;

Donna Kolakowski; John Hoover; Cary Riches; high school student; high school

student; high school student.

**Others Present:** Jenna Ahner; Christine Alois; Tammy Croce.

#### I. Welcome and Introductions

Candice Fifer called the meeting to order at 5:02p.m. Subcommittee members introduced themselves and their organizational affiliation.

### **II.** Committee Reports

Dana Carr, Department of Health and Social Services, provided examples of evidence-based health education curriculum. Committee members discussed programs in place within their schools and districts, including Botvin Life Skills and Second Step. The group discussed resources available through Blueprints and the CDC which provide more detailed information.

Susan Haberstroh, Department of Education, reviewed current health education standards and grade cluster expectations.

Christine Alois, Department of Education, shared that a list of partnerships available through Christiana Care will be distributed over email.

Three high school students from Newark Charter School presented results of a health survey that they conducted within their school.

Donna Kolakowski, Amanda Fesel, and John Hoover provided an overview of work underway in their schools and districts. Committee members discussed education and issues around vaping. The committee discussed hands-on presentations that are available as a part of the curriculum. The group discussed the desire to share resources across schools and districts.

# III. Review and Discuss Revisions to Delaware's Current Regulation Related to Drug and Substance Abuse Prevention

Ms. Haberstroh provided an overview of proposed changes for Regulation 851 based on feedback from the previous meeting. Subcommittee members discussed the hours required under the current regulation. Members shared that 12<sup>th</sup> grade is too late to deliver drug and substance abuse programs.

The committee discussed the definitions of evidence-based and promising practices. The Committee also discussed the ability to report on the effectiveness of current programming by August 2021.

The committee discussed the opportunity to utilize the Shape Delaware conference to deliver professional development.

The committee discussed whether professional development should be included as a part of this regulation or others. The committee did not think professional development should be included in the regulation. The committee discussed interest in leveraging partnerships with cross-departmental organizations in order to provide professional development for health education educators.

#### IV. Public Comment

No public comment was received.

## V. Next Steps and Adjournment

Ms. Alois summarized next steps, which include:

- A memo summarizing the work of the committee, recommendations, and next steps will be circulated to the group.
- Changes to the proposed regulations will be shared with the committee to review and provide feedback.
- The committee will provide feedback via email and reconvene, if needed.
- The memo will be sent to the Chairs of the SCR69 Task Force.

